

# CONTINUING YOUR TREATMENT JOURNEY

SUBLOCADE® (buprenorphine extended-release) injection, for subcutaneous use (CIII) is a prescription medicine used to treat adults with moderate to severe addiction (dependence) to opioid drugs (prescription or illegal) who have received an oral transmucosal (used under the tongue or inside the cheek) buprenorphine-containing medicine at a dose that controls withdrawal symptoms for at least 7 days. SUBLOCADE is part of a complete treatment plan that should include counseling.

## Below, You Will Find Information On:

- **The chronic nature of opioid addiction**
- **Tips for maintaining an action plan**
- **Suggestions to help you stay motivated along the way**

## A Chronic Condition

Opioid addiction may affect the parts of the brain that control impulses, judgment, and decision-making. For some people with opioid addiction, choosing whether to take opioids can seem out of their control.

While opioid addiction is chronic, it can be treatable. It's important to follow your complete treatment plan.

**Ask your healthcare provider about the length of your treatment with SUBLOCADE.**

## Continuing the Conversation With a Healthcare Provider

You can work towards your goals by talking with your healthcare provider team to create a plan of action, which should include counseling. Your treatment team can help with questions or concerns you may have along the way.

Here are some questions you may want to discuss with your treatment team:

### 1. What's a strategy for staying on track with my treatment plan?

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### 2. How do I start the conversation with my loved ones about my condition?

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## IMPORTANT SAFETY INFORMATION

**What is the most important information I should know about SUBLOCADE?**

**Because of the serious risk of potential harm or death from self-injecting SUBLOCADE into a vein (intravenously), it is only available through a restricted program called the SUBLOCADE REMS Program.**

- **SUBLOCADE is not available in retail pharmacies.**
- **Your SUBLOCADE injection will only be given to you by a certified healthcare provider.**

Please see SUBLOCADE [Prescribing Information](#) including **BOXED WARNING** and [Medication Guide](#) at [www.sublocade.com](http://www.sublocade.com) and Important Safety Information throughout.

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### 3. What are some things I can do to structure my day?

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Do not stop treatment abruptly. Talk to your healthcare provider first.

#### Jot It Down

Write down anything you want to share with your healthcare provider or counselor. Examples can include your goals and things that cause stress.

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#### People You Can Count On

Do you have people you can speak to when you need help? You can list people who may help you throughout your journey.

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#### IMPORTANT SAFETY INFORMATION (CONT'D)


SUBLOCADE contains an opioid medicine called buprenorphine that can cause serious and life-threatening breathing problems, especially if you take or use certain other medicines or drugs.

Talk to your healthcare provider about naloxone, a medicine available to patients for emergency treatment of an opioid overdose. If naloxone is given, you must call 911 or get emergency medical help right away to treat overdose or accidental use of an opioid.

SUBLOCADE may cause serious and life-threatening breathing problems. Get emergency help right away if you:

- feel faint
- feel dizzy
- are confused
- feel sleepy or uncoordinated
- have blurred vision
- have slurred speech
- are breathing slower than normal
- cannot think well or clearly

Please see SUBLOCADE [Prescribing Information including BOXED WARNING and Medication Guide](#) at [www.sublocade.com](http://www.sublocade.com) and Important Safety Information throughout.

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## Keeping Track of Your Appointments

To stay on track with your treatment plan, it's important to schedule and keep up with your appointments. Schedule them in advance so that your SUBLOCADE prescription is ready at your visit. You can use the space provided to help remember appointments and things that may be discussed during your visits.

### Write Down the Dates

Initial appointment

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Follow-up appointments

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Counseling appointments

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## IMPORTANT SAFETY INFORMATION (CONT'D)

**Do not take certain medicines during treatment with SUBLOCADE. Taking other opioid medicines, benzodiazepines, alcohol, or other central nervous system depressants (including street drugs) while on SUBLOCADE can cause severe drowsiness, decreased awareness, breathing problems, coma, and death.**


- In an emergency, have family members tell emergency department staff that you are physically dependent on an opioid and are being treated with SUBLOCADE.
- You may have detectable levels of SUBLOCADE in your body for a long period after stopping treatment with SUBLOCADE.

Death has been reported in those who are not opioid dependent who received buprenorphine sublingually.

### Who should not take SUBLOCADE?

**Do not use SUBLOCADE** if you are allergic to buprenorphine or any ingredient in the prefilled syringe (ATRIGEL® Delivery System, a biodegradable 50:50 poly(DL-lactide-co-glycolide) polymer and a biocompatible solvent, *N*-methyl-2-pyrrolidone (NMP)).

Please see SUBLOCADE [Prescribing Information](#) including **BOXED WARNING** and **Medication Guide** at [www.sublocade.com](http://www.sublocade.com) and **Important Safety Information** throughout.

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Questions you may want to ask your healthcare provider or counselor

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Additional information you may want to remember from your appointments or counseling sessions

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**IMPORTANT SAFETY INFORMATION (CONT'D)**

**Before starting SUBLOCADE, tell your healthcare provider about all of your medical conditions, including if you have:**

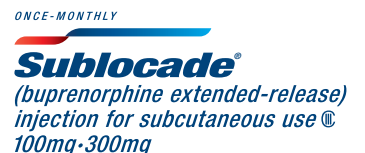
- trouble breathing or lung problems
- a curve in your spine that affects your breathing
- Addison’s disease
- an enlarged prostate gland (men)
- problems urinating
- liver, kidney, or gallbladder problems
- alcoholism
- a head injury or brain problem
- mental health problems
- adrenal gland or thyroid gland problems

**Tell your healthcare provider if you are:**

- **pregnant or plan to become pregnant.** Opioid-dependent women on buprenorphine maintenance therapy may require additional analgesia during labor. If you receive SUBLOCADE while pregnant, your baby may have symptoms of opioid withdrawal at birth that could be life-threatening if not recognized and treated.
- **breastfeeding or plan to breastfeed.** SUBLOCADE can pass into your breast milk and harm your baby. Talk with your healthcare provider about the best way to feed your baby during treatment with SUBLOCADE. Monitor your baby for increased drowsiness and breathing problems.

**Tell your healthcare provider about all the medicines you take, including** prescription and over-the-counter medicines, vitamins and herbal supplements.

Please see SUBLOCADE Prescribing Information including BOXED WARNING and Medication Guide at [www.sublocade.com](http://www.sublocade.com) and Important Safety Information throughout.



## Staying Motivated and Remembering Why You Started Treatment

As you progress, you may also experience setbacks. Remember why you are seeking treatment, and talk to your healthcare provider along the way.

You can reach out to your treatment team or support group to help keep you motivated throughout your journey.

The provided space can also be used to create a checklist as a reminder of why you started treatment, when you need additional motivation to stay on course. Once you've completed this list, you can refer back to it to see the goals you have set along the way.

## Write the Reasons You Chose to Seek Treatment

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## IMPORTANT SAFETY INFORMATION (CONT'D)

### What should I avoid while being treated with SUBLOCADE?


- **Do not drive, operate heavy machinery, or perform any other dangerous activities until you know how SUBLOCADE affects you.** Buprenorphine can cause drowsiness and slow reaction times. SUBLOCADE can make you sleepy, dizzy, or lightheaded. This may happen more often in the first few days after your injection and when your dose is changed.
- **You should not drink alcohol** or take prescription or over-the-counter medicines that contain alcohol during treatment with SUBLOCADE, because this can lead to loss of consciousness or even death.

### What are the possible side effects of SUBLOCADE?

#### SUBLOCADE can cause serious side effects, including:

- **Trouble breathing.** Taking other opioid medicines, benzodiazepines, alcohol, or other central nervous system depressants during treatment with SUBLOCADE can cause breathing problems that can lead to coma and death.
- **Sleepiness, dizziness, and problems with coordination.**
- **Physical dependence.**
- **Liver problems.** Call your healthcare provider right away if you notice any of these symptoms:
  - your skin or the white part of your eyes turns yellow (jaundice)
  - dark or "tea-colored" urine
  - light colored stools (bowel movements)
  - loss of appetite
  - pain, aching, or tenderness on the right side of your stomach area
  - nausea

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## Remember Your Milestones

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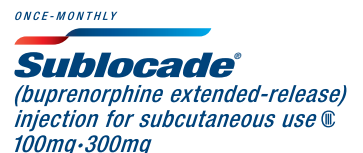
### IMPORTANT SAFETY INFORMATION (CONT'D)

- Your healthcare provider should do blood tests to check your liver before you start and during treatment with SUBLOCADE.
- **Allergic reaction.** You may have a rash, hives, swelling of your face, wheezing, low blood pressure, or loss of consciousness. Call your healthcare provider or get emergency help right away.
- **Opioid withdrawal.** Call your healthcare provider right away if you get any of these symptoms:
  - shaking
  - sweating more than normal
  - feeling hot or cold more than normal
  - runny nose
  - watery eyes
  - goose bumps
  - diarrhea
  - vomiting
  - muscle aches
- **Decrease in blood pressure.** You may feel dizzy when you get up from sitting or lying down.
- **The most common side effects of SUBLOCADE include:**
  - constipation
  - headache
  - nausea
  - injection site itching
  - vomiting
  - increase in liver enzymes
  - tiredness
  - injection site pain
- SUBLOCADE may affect fertility in males and females. Talk to your healthcare provider if this is a concern for you. These are not all the possible side effects. Call your healthcare provider for medical advice about side effects.

**To report pregnancy or side effects associated with taking SUBLOCADE, please call 1-877-782-6966. You are encouraged to report negative side effects of drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.**

**For more information about SUBLOCADE, the full Prescribing Information including BOXED WARNING, and Medication Guide, visit [www.sublocade.com](http://www.sublocade.com) or talk to your healthcare provider. For REMS information visit [www.sublocadeREMS.com](http://www.sublocadeREMS.com).**

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